

# Run for Dentaaid!



Dentaaid has reserved 25 guaranteed places for the Great North Run, a half-marathon from Newcastle on Sunday 18<sup>th</sup> September 2005, and 15 places on the Great South Run, a 10 mile race in Portsmouth on Sunday October 9<sup>th</sup> 2005.

Places will be awarded on a "first come, first served" basis so early registration is essential.

One reason for taking part is, of course, to raise funds to help Dentaaid continue its charitable work in the developing world by supplying desperately needed dental equipment, initiating oral health education programmes and training dental engineers to maintain the equipment supplied. To that end, runners are required to pledge to raise a minimum of £400 for Dentaaid, who will supply a pack of fund-raising ideas and materials together with plenty of moral support!

The target to beat is £13,000 raised by last year's stalwarts!

Application packs are now available. Please contact Lucy Hind on 01794 324249 or email [lucy@dentaaid.org](mailto:lucy@dentaaid.org).